

Letter to Self Assignment

Due: Friday, 8/24

Background:

In class, you discovered that in a **growth mindset**, people believe that their most basic abilities can be developed through dedication and hard work. Brains and talent are just the starting point.

Although learning a language brings its challenges, research shows that “intensive study of foreign tongues stimulates the growth of the hippocampus and causes changes in other structures of the brain.”

Instructions:

Write a letter to your future self using a *growth mindset*. Include the following prompts in your letter:

- Opening paragraph- describe your hopes, fears, and goals for Spanish class
- Advice- provide a **checklist** of at least **three** suggestions to help your future self be successful. Create a list, not a paragraph.
- Closing paragraph- end with encouraging words that will help inspire your future self

Format:

You may either type your letter or write it. You will need to provide a hard copy upon submission.

Rubric:

Category	4-Exemplary	3-Proficient	2-Developing	1-Beginning
Task Completion	Student responded fully and appropriately to all prompts.	Student responded adequately to most prompts; Student's response is generally organized and/or relevant.	Student responded inadequately (or not at all) to a few of the prompts; Student's response is a little disorganized and/or irrelevant.	Student responded to to some (or not at all) of the prompts; The response is very disorganized and/or irrelevant.
Comprehensibility	Text is readily comprehensible, requiring no interpretation of the reader.	Text is mostly comprehensible, requiring little interpretation of the reader.	Text is somewhat comprehensible, requiring some interpretation of the reader.	Text is incomprehensible and requires significant interpretation of the reader.
Quality	In addition to including all required content as outlined, the letter demonstrates exceptional attention to the assignment. The writer's decisions about focus, specific detail, organization, and style/tone made reading a pleasurable experience.	The writer has made good decisions about focus, specific detail, organization, and style/tone, thereby communicating clearly and effectively; purpose is clear and organization supports said purpose.	The letter reveals a lack of sufficient effort toward honest reflection or an effective written product. The writer's decisions about focus, detail, organization, and/or style/tone sometimes interfere with clear, effective communication; the purpose of the writing is not fully achieved.	The writer has omitted one or more components of the assignment; the final product clearly demonstrates minimal effort toward honest reflection and an effective written product.

